



Trinidad & Tobago Cycling Federation

Track Series #2 - Speed Night - 27 February, 2016

Racing Program

Venue: Arima Velodrome | Start Time: 5:00pm

Event #	Category	Description
1	Elite & Junior Women	Flying 200m ^{Note 2}
2	Junior Men	Flying 200m ^{Note 1 & 2}
3	Elite 1, 2, 3 & Junior Men	Flying 200m ^{Note 2}
4	Youth Development (U7, U9, U11, U13)	250m
5	Elite & Junior Women	Sprint Semi-Finals
6	Junior Men	Sprint Semi-Finals
7	Elite 1, 2, 3 & Junior Men	Sprint Semi-Finals
8	Tinymites Men	500m
9	Tinymites + Juvenile Ladies	500m
10	Juniors	500m
11	Elite 1 & 2	500m ^{Note 5}
12	Elite & Junor Women	500m
13	Masters 40-49	500m
14	Masters 50-59	500m
15	Masters 60-69	500m
16	Masters 70+	500m
17	Juveniles	500m
18	Elite 3+4	500m
19	Elite & Junior Women	Keirin Heats
20	Elite 1,2,3 & Junior Men	Keirin Heats
21	Youth Development (U7, U9, U11, U13)	250m/1 Lap
22	Elite 3+4	500m
23	Juniors	500m
24	Juveniles	500m
25	Elite & Junior Women	Keirin Finals
26	Elite 1,2,3 & Junior Men	Keirin Finals
27	Masters 40-49	500m
28	Masters 50-59	500m
29	Masters 60-69	500m
30	Masters 70+	500m
31	Tinymites Men	500m
32	Tinymites + Juvenile Ladies	500m
33	Masters Open	500m Final
34	Elite & Junior Women	Sprint Finals
35	Junior Men	Sprint Finals
36	Elite 1, 2, 3 & Junior Men	Sprint Finals

Note

1 Final year Juveniles are allowed to enter Flying 200m

2 Top 4 in Flying 200m advance to the Semi-Final

3 Top 2 from Masters 40-49, Masters 50-59 & Masters 60-69 advance to Masters Open 500m Final

4 Gears are unrestricted for Open/Invitational Events

5 Top 4 in Flying 200 are not permitted to ride 500m

All events are subject to change



Trinidad & Tobago Cycling Federation

Track Series #2 - Endurance Night - 28 February, 2016

Racing Program

Venue: Arima Velodrome | Start Time: 4:00pm

Event #	Category	Description
1	Youth Development (U7, U9, U11, U13)	250m
2	Tinymite & Juvenile Ladies	4 Laps
3	Tinymite Boys	5 Laps
4	Youth Development (U7, U9, U11, U13)	250m/1 Lap
5	Tinymite & Juvenile Ladies	Elimination
6	Tinymite Boys	Elimination
7	Women Open	Team Sprint ^{Note 7}
8	Men Open	Team Sprint ^{Note 7}
9	Elite & Junior Women	8 Laps
10	Elite 3 & 4	8 Laps
11	Juvenile Men	8 Laps
12	Junior Men	12 Laps
13	Elite 1 & 2	Elimination
14	Masters 40-49	Elimination
15	Masters 50-59	Elimination
16	Masters 60-69	Elimination
17	Masters 70+	2 Laps
18	Elite & Junor Women	Elimination
19	Open	16 Lap Madison ^{Note 5}
20	Juvenile Men	Elimination
21	Junior Men	Elimination
22	Elite 3 & 4	Elimination
23	Elite & Junior Women	10 Laps Points Race ^{note 1}
24	Masters Open	10 Laps Points Race ^{note 1}
25	Masters 70+	3 Laps
26	Elite 1, 2 & Invitational	33 Lap Scratch Race

Note

1 Sprint every 2 laps (5,3,2,1)

2 Sprint every 4 laps (5,3,2,1) | +20 pts for lapping the field

3 There will be no racing for Youth Developers, Tinymite Ladies and Juvenile Ladies

4 Team Sprint can be made up of Mixed Teams/Clubs.

5 Madison Sprints every 4 Laps (5,3,2,1) | +20 pts for lapping the field

6 Gears are unrestricted for Open/Invitational Events

7 Half Lap per cyclist (230m). Men - 3 cyclists per team & Women - 2 cyclists per team

8 Events 1-6 will be run in such a way that sufficient break/recovery time will be allowed between races

All events are subject to change

TRACK GEAR RESTRICTIONS			
#	Category	Gear Rollout (metres)	Equivalent Gear
1	Youth Development – Under 7	4.37	55
2	Youth Development – Under 9	4.68	59
3	Youth Development – Under 11	5.01	63
4	Youth Development – Under 13	5.24	66
5	Tinymites	6.48	81
6	Juveniles	6.88	86